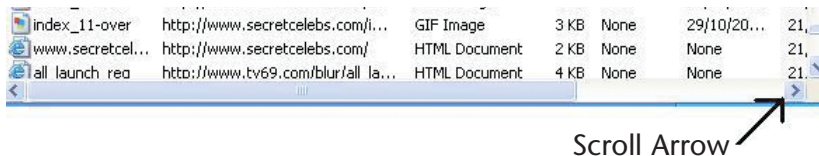


8. Going back to the temporary Internet files page, you may need to scroll sideways over to the column called Last Accessed to see the exact date and time a web site was accessed and how much time was spent on it. (You can also click the Maximize box in the top right corner to fill the screen.)

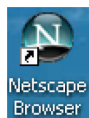


9. To close the temporary Internet files click the X at the top right corner of the page.
10. To exit, click OK in the Settings Dialogue box.
11. Click OK in the Internet Options Dialogue box.

Caution:

Just because an undesirable web site was logged in the temporary Internet files doesn't mean your child actually visited and viewed that site. It may have just popped up momentarily, or was connected with a hidden link to an innocuous web site. To find out for sure, the best way is to check how much time was spent on this or other similar sites.

Checking Your Internet History on Netscape



and Mozilla Firefox



Netscape and Mozilla easily allow you to check the history of what someone has been doing on the Internet.

Netscape 7.0

1. In Netscape 7.0, on the top toolbar, click Go → History.
2. Scroll down the list to see the various sites your children have been on. If you want to check out the content of a particular site, double click on that site and then double click again on the link (web site) that appears below it.
3. To close, click the X at the top right corner of the page.